



SUMMER HOLIDAY ACTIVITY PROGRAMME 2018

- **BADMINTON CAMP**
- **BIKEABILITY**
- **CLIMBING**
- **HOLIDAY CAMP**
- **INFLATABLES**
- **LEARN 2 SWIM WEEKS**
- **NETBALL CAMP**
- **POOL FUN SESSIONS**
- **ROSS COUNTY FOOTBALL**
- **RUGBY CAMP**
- **SHOPPING WEEK SPORTS**
- **TRAMPOLINE**
- **ZUMBA KIDS**

INDIVIDUAL SESSIONS

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 02 Jul	Pool Fun Session (Floats & toys) 	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Tue 03 Jul	Pool Family Session & Stepping Stones 	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Wed 04 Jul	Pool Inflatable Session 	6pm - 7pm	Up to 13 Yrs	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Thu 05 Jul	Commando Inflatable Session 	6.15pm - 7.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Fri 06 Jul	Pool Fun Session (Floats & Toys) 	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	Pool Family Session & Stepping Stones 	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sat 07 Jul	Mask, Flippers & Snorkels 	9.30am - 11.30am	N/A	Picky	Drop-in	Pool Admission
	Zumba Kids 	10am - 10.40am	4-6 Yrs	KGS	Bookable	£2
	Zumba Kids 	10.45am - 11.30am	7-9 Yrs	KGS	Bookable	£2.50
	Zumba Kids 	11.30am - 12.15am	10-12 Yrs	KGS	Bookable	£2.50

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sun 08 Jul	Pool Inflatable Session 	2.15pm - 3.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 09 Jul	 Pool Fun Session (Floats & toys)	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Waterwalkerz	4pm-5pm	5+ Yrs <i>(Walkerz Only)</i>	Picky	Drop-in <i>(water walkerz bookable)</i>	Pool Admission*

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Tue 10 Jul	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Wed 11 Jul	 Pool Inflatable Session	6pm - 7pm	Up to 13 Yrs	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Thu 12 Jul	 Commando Inflatable Session	6.15pm - 7.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Fri 13 Jul	 Pool Fun Session (Floats & Toys)	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sat 14 Jul	 Mask, Flippers & Snorkels	9.30am - 11.30am	N/A	Picky	Drop-in	Pool Admission
	 Zumba Kids	10am - 10.40am	4-6 Yrs	KGS	Bookable	£2
	 Zumba Kids	10.45am - 11.30am	7-9 Yrs	KGS	Bookable	£2.50
	 Zumba Kids	11.30am - 12.15am	10-12 Yrs	KGS	Bookable	£2.50

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sun 15 Jul	 Pool Inflatable Session	2.15pm - 3.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 16 Jul	Stromness Shopping Week Sport Races	1.30pm - 3pm	Current P1-P7	Stromness Market Green	Drop-in	Free
	Registration at 1.30pm Will take place at Stromness Academy if wet					
	 Pool Fun Session (Floats & Toys)	4pm-5pm	N/A	Stromness	Drop-in	Pool Admission
 Pool Family Session & Waterwalkerz	4pm-5pm	5+ Yrs (Walkerz Only)	Picky	Drop-in (water walkerz bookable)	Pool Admission*	

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Tue 17 Jul	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Wed 18 Jul	 Pool Inflatable Session	6pm - 7pm	Up to 13 Yrs	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Thu 19 Jul	Stromness Shopping Week Potted Sports	1pm - 2.30pm	Current P1-3	Stromness Market Green	Drop-in	Free
	Booking not required, registration at 1pm. Will take place at Stromness Academy if wet					
	Stromness Shopping Week Potted Sports	2.30pm - 4pm	Current P4-7	Stromness Market Green	Drop-in	Free
	Booking not required, registration at 2.30pm. Will take place at Stromness Academy if wet					
 Commando Inflatable Session	6.15pm - 7.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**	

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Fri 20 Jul	 Pool Fun Session (Floats & Toys)	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sat 21 Jul	 Mask, Flippers & Snorkels	9.30am - 11.30am	N/A	Picky	Drop-in	Pool Admission
	 Zumba Kids	10am - 10.40am	4-6 Yrs	KGS	Bookable	£2
	 Zumba Kids	10.45am - 11.30am	7-9 Yrs	KGS	Bookable	£2.50
	 Zumba Kids	11.30am - 12.15am	10-12 Yrs	KGS	Bookable	£2.50

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sun 22 Jul	 Pool Inflatable Session	2.15pm - 3.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 23 Jul	 Pool Fun Session (Floats & Toys)	4pm-5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Waterwalkerz	4pm-5pm	5+ Yrs <i>(Walkerz Only)</i>	Picky	Drop-in <i>(water walkerz bookable)</i>	Pool Admission*

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Tue 24 Jul	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Wed 25 Jul	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Fun Climb	2pm - 3pm	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	3.15pm - 4.15pm	8-12 Yrs	Picky	Bookable	£6.15
	 Pool Inflatable Session	6pm - 7pm	Up to 13 Yrs	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Thu 26 Jul	Fun Climb	10am - 11am	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	11.15am - 12.15am	8-12 Yrs	Picky	Bookable	£6.15
	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Commando Inflatable Session	6.15pm - 7.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Fri 27 Jul	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Pool Fun Session (Floats & Toys)	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sat 28 Jul	 Mask, Flippers & Snorkels	9.30am - 11.30am	N/A	Picky	Drop-in	Pool Admission
	 Zumba Kids	10am - 10.40am	4-6 Yrs	KGS	Bookable	£2
	 Zumba Kids	10.45am - 11.30am	7-9 Yrs	KGS	Bookable	£2.50
	 Zumba Kids	11.30am - 12.15am	10-12 Yrs	KGS	Bookable	£2.50

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sun 29 Jul	 Pool Inflatable Session	2.15pm - 3.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 30 Jul	Fun Climb	10am - 11am	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	11.15am - 12.15am	8-12 Yrs	Picky	Bookable	£6.15
	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Pool Family Session & Waterwalkerz	4pm-5pm	5+ Yrs <i>(Walkerz Only)</i>	Picky	Drop-in <i>(water walkerz bookable)</i>	Pool Admission*

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Tue 31 Jul	Trampoline	1.30pm - 2.30pm	4-7 Yrs	Picky	Bookable	£5.70
	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Trampoline	2.30pm - 3.30pm	8-15 Yrs	Picky	Bookable	£5.70
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Wed 01 Aug	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Fun Climb	2pm - 3pm	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	3.15pm - 4.15pm	8-12 Yrs	Picky	Bookable	£6.15
	 Pool Inflatable Session	6pm - 7pm	Up to 13 Yrs	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Thu 02 Aug	Fun Climb	10am - 11am	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	11.15am - 12.15am	8-12 Yrs	Picky	Bookable	£6.15
	 Inflatables (Arena)	1pm - 3pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Commando Inflatable Session	6.15pm - 7.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Fri 03 Aug	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Trampoline	10am - 11am	4-7 Yrs	Picky	Bookable	£5.70
	Trampoline	11am - 12am	8-15 Yrs	Picky	Bookable	£5.70
	 Pool Fun Session (Floats & Toys)	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sat 04 Aug	 Mask, Flippers & Snorkels	9.30am - 1.30am	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sun 05 Aug	 Pool Inflatable Session	2.15pm - 3.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 06 Aug	Fun Climb	10am - 11am	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	11.15am - 12.15am	8-12 Yrs	Picky	Bookable	£6.15
	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Pool Fun Session (Floats & Toys)	4pm-5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Waterwalkerz	4pm-5pm	5+ Yrs (Walkerz Only)	Picky	Drop-in (water walkerz bookable)	Pool Admission*

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Tue 07 Aug	Trampoline	1.30pm - 2.30pm	4-7 Yrs	Picky	Bookable	£5.70
	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Trampoline	2.30pm - 3.30pm	8-15 Yrs	Picky	Bookable	£5.70
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Wed 08 Aug	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Fun Climb	2pm - 3pm	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	3.15pm - 4.15pm	8-12 Yrs	Picky	Bookable	£6.15
	 Pool Inflatable Session	6pm - 7pm	Up to 13 Yrs	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Thu 09 Aug	Fun Climb	10am - 11am	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	11.15am - 12.15am	8-12 Yrs	Picky	Bookable	£6.15
	 Commando Inflatable Session	6.15pm - 7.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Fri 10 Aug	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Pool Fun Session (Floats & Toys)	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sat 11 Aug	COUNTY SHOW DAY: PICKY CENTRE WILL BE CLOSED DURING THE DAY, OPEN FOR PARISH CUP FINAL AND DANCE AT NIGHT ONLY					

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sun 12 Aug	 Pool Inflatable Session	2.15pm - 3.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 13 Aug	Fun Climb	10am - 11am	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	11.15am - 12.15am	8-12 Yrs	Picky	Bookable	£6.15
	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Pool Fun Session (Floats & Toys)	4pm-5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Waterwalkerz	4pm-5pm	5+ Yrs <i>(Walkerz Only)</i>	Picky	Drop-in <i>(water walkerz bookable)</i>	Pool Admission*

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Tue 14 Aug	Trampoline	1.30pm - 2.30pm	4-7 Yrs	Picky	Bookable	£5.70
	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Trampoline	2.30pm - 3.30pm	8-15 Yrs	Picky	Bookable	£5.70
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Wed 15 Aug	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Fun Climb	2pm - 3pm	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	3.15pm - 4.15pm	8-12 Yrs	Picky	Bookable	£6.15
	 Pool Inflatable Session	6pm - 7pm	Up to 13 Yrs	Stromness	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Thu 16 Aug	Fun Climb	10am - 11am	4-7 Yrs	Picky	Bookable	£6.15
	Fun Climb	11.15am - 12.15am	8-12 Yrs	Picky	Bookable	£6.15
	 Inflatables (Arena)	1pm - 3pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Commando Inflatable Session	6.15pm - 7.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Fri 17 Aug	 Inflatables (Arena)	10am - 12pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	Trampoline	10am - 11am	4-7 Yrs	Picky	Bookable	£5.70
	Trampoline	11am - 12am	8-15 Yrs	Picky	Bookable	£5.70
	 Pool Fun Session (Floats & Toys)	4pm - 5pm	N/A	Stromness	Drop-in	Pool Admission
	 Pool Family Session & Stepping Stones	4pm - 5pm	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sat 18 Aug	 Mask, Flippers & Snorkels	9.30am - 11.30am	N/A	Picky	Drop-in	Pool Admission

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Sun 19 Aug	 Pool Inflatable Session	2.15pm - 3.15pm	Up to 13 Yrs	Picky	Drop-in	Pool Admission**

Date	Activity	Time	Age	Location	Bookable or Drop-In	Cost (per person)
Mon 20 Aug	 Inflatables (Arena)	2pm - 4pm	Up to 11 Yrs	Picky	Drop-in	£3.15
	 Pool Family Session & Waterwalkerz	4pm-5pm	5+ Yrs (Walkerz Only)	Picky	Drop-in (water walkerz bookable)	Pool Admission*

* Water Walkerz are charged at £3.25 for juniors and £5.50 for adults (this includes pool entry)

**Children must have deeper certificate before taking part in the pool inflatable sessions

 Activities are FREE for ActiveLife members

COURSES & CAMPS

Orkney Badminton Camp						
From	To	Time	Age/Level	Location	Cost (per person)	
Thu 5 Jul	Sun 8 Jul	11am - 5pm (1-2 hour session only)	7-17 Years	KGS	£20-£40	
1-2 hour sessions will be allocated upon booking depending on ability. To book e-mail eionballantine@btinternet.com						

Learn to Swim Week

From	To	Time	Age/Level	Location	Cost (per person)
Mon 6 Aug	Fri 10 Aug	10.10am - 10.40am	Beginner & Just Able	Picky	£23.50
Mon 6 Aug	Fri 10 Aug	10.45am - 11.15am	Beginner & Just Able	Picky	£23.50

Beginner: Equivalent to Level 1/2 – cannot swim or need arm bands. Minimum age 5+.

Just Able: Equivalent to Level 3/4 – can swim half a width without armbands.

To book any of the 'Learn to Swim Week' courses at the Picky call 01856 879900 or email enquiries@pickaquoy.com

Ross County Football Camp

From	To	Time	Age/Level	Location	Cost (per person)
Mon 23 Jul	Fri 27 Jul	9am - 9.45am	3-4 Years	KGS	Free
Mon 23 Jul	Fri 27 Jul	10am - 12pm, 1pm - 3pm	5-8 Years	KGS	£80
Mon 23 Jul	Fri 27 Jul	10am - 12pm, 1pm - 3pm	9-15 Years	KGS	£80

Half days are available at £10 per session. To book visit:

<http://store.rosscountyfootballclub.co.uk/community-courses>

Netball Camp

From	To	Time	Age/Level	Location	Cost (per person)
Mon 23 Jul	Fri 27 Jul	10am - 11am	P1-3	KGS	£15
Mon 23 Jul	Fri 27 Jul	11.15am - 12.45pm	P4-5	KGS	£20
Mon 23 Jul	Fri 27 Jul	1.30pm - 3.30pm	P6-7	KGS	£25

To book e-mail kirkwallsportscentre@glow.orkneyschools.org.uk or call 873535 ext. 2430 or (872364 at evenings and weekends)

Orkney Rugby Football Club Camp

From	To	Time	Age/Level	Location	Cost (per person)
Mon 16 Jul	Wed 18 Jul	10am - 11.30am	P1-3	KGS	£4 per day
Mon 16 Jul	Wed 18 Jul	11.45am - 1.15pm	P4-7	KGS	£4 per day

To book e-mail kirkwallsportscentre@glow.orkneyschools.org.uk or call 873535 ext. 2430 or (872364 at evenings and weekends)

Level 1 Bikeability

From	To	Time	Age/Level	Location	Cost (per person)
Thu 02 Aug	Fri 03 Aug	10am - 3pm	P5 pupils moving to P6 only	Papdale Primary School	Free

Lunch not provided, bike and helmet required each day

To book e-mail active-schools@orkney.gov.uk or call 873535 ext. 2442

SUMMER HOLIDAY CAMP 2018

From	To	Time	Age/Level	Location	Cost (per person)
Tue 03 Jul (weekdays only)	Mon 20 Aug (weekdays only)	8.30am - 3.30pm (incl. drop off and pick up)	5-12 Yrs	Picky	£26.50 per day (£17.75 per day for second child)

New for Summer: For an extra £2.95 lunch (sandwich, crisps and yoghurt) can be provided, this can be ordered anytime up to the morning of the day attending.

There will be a range of activities on offer at our holiday camp this summer, such as swimming, sports, scavenger hunts, craft activities and lots more! Not all activities will be sporting but for those which are, we will encourage children of all abilities to take part. (A non-sporting alternative will always be offered). To view our confirmed daily programme please see our separate flyer available at main desk in Picky.

To book call 01856 879900 or email enquiries@pickaquoy.com and one of our Customer Services Advisors will get back to you. Payment is required at time of booking and registration form will be required for each child attending.



ActiveLife is Orkney's inclusive, flexible and affordable leisure and fitness membership scheme.

For only £19.50 per month for individuals, and just £29.50 per month for families*, you can access a huge range of activities** across 12 facilities.

*Family refers to up to 2 adults and unlimited children under 18 living at the same address.

**Subject to availability and each facility's Admissions Policy Applies

Activelslands

The Activelslands membership will give islanders access to gym facilities and fitness classes on their specific island for £12.50 per month or £17.50 for a family. Budget memberships are also available at a cost of 50p per activity.

Budget Membership

If you or members of your household are entitled to certain benefits, then our Budget Membership of 50p per activity, per visit may be the best deal. There is **no monthly payment**. In some cases, everyone in the household may be eligible for the 50p rate. Visit www.pickaquoy.co.uk or www.orkney.gov.uk for more information on ActiveLife.