St Andrews Nursery Menu

£2.30 for 2 Courses (price from April 2020 to be confirmed)

Available daily: Baked Tattie ~ Sandwiches ~ Salad Bar ~ Bread ~ Fresh Fruit ~ Water ~ Milk

All our menus comply with the “Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2008

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| **Week 1** | **Day** | **Soup** | **Meat Choice** | **Vegetarian** | **Potatoes / Veg** | **Pudding** |
| 20/8 (Tue)30/925/1120/12/327/48/6 | Mon | Tomato | Spaghetti Bolognaise | Lentil Bolognaise | Salad | Alien Crunch or Yoghurt |
| Tue | Lentil | Breaded Haddock + Tomato Sauce | Cheese + Onion Pin Wheel | Tatties, Peas, Salad | Fresh Fruit or Yoghurt |
| Wed | Seasonal Vegetable  | Roast Pork, Gravy & Apple Sauce | Lentil Roast | Tatties, Broccoli, Carrots | Fruity Muffin or Yoghurt |
| Thurs | Leek + Tattie | Chinese Chicken or Plain Chicken | Vegetable Stir Fry | Noodles, Salad | Fresh Fruit or Yoghurt |
| Fri | Sweet Potato | Fish Pie | Cheese + Tomato Pizza | Potato Wedges, Salad | Rice Pudding + Fruit or Yoghurt |
| **Week 2** | **Day** | **Soup** | **Meat Choice** | **Vegetarian** | **Potatoes / Veg** | **Pudding** |
| 26/87/102/1227/19/35/5 (Tue)15/6 | Mon | Tomato | Sausages | Vegetable Sausages | Tatties, Baked Beans | Apple Crumble + Custard or Yoghurt |
| Tue | Lentil | Pork Meatballs in Tomato Sauce | Vegetarian Meatballs + Tomato Sauce | Pasta, Salad | Fresh Fruit or Yoghurt |
| Wed | Seasonal Vegetable | Sweet Chilli Chicken & Rice. | Macaroni Cheese  | Broccoli, Salad | Peach Melba or Yoghurt |
| Thur | Carrot | Mince or Salmon | Quorn Mince | Tatties, Peas, Salad | Fresh Fruit or Yoghurt |
| Fri | Split Pea | Chicken Wrap | Veggie Wrap | Salad | Fruit Flapjack or Yoghurt |
| **Week 3** | **Day** | **Soup** | **Meat Choice** | **Vegetarian** | **Potatoes / Veg** | **Pudding** |
| 2/930/10(Wed)9/123/216/311/522/6 | Mon | Tomato | Steak Pie | Vegetable Pie | Tatties, Carrots, Broccoli | Semolina + Fruit or Yoghurt |
| Tue | Leek + Tattie | Homemade Chicken Goujons | Homemade Quorn Goujons | Tatties, Baked Beans, Salad | Fresh Fruit or Yoghurt |
| Wed | Seasonal Vegetable | Lasagne | Vegetable Lasagne | French Stick, Salad | Banana Custard or yoghurt |
| Thur | Lentil | Salmon Fish Cake or Breaded Haddock | Cauliflower Cheese | Tatties, Peas, Salad | Fresh Fruit or Yoghurt |
| Fri | Yellow Pea | Chicken Curry  | Vegetable Curry | Rice, Naan Bread, Salad, Sweetcorn | Meringue & Fruit Salad or Yoghurt |

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| **Week 4** | **Day** | **Soup** | **Meat Choice** | **Vegetarian** | **Potatoes / Veg** | **Pudding** |
| 9/94/1116/1210/223/318/529/6 | Mon | Tomato | Chicken Fajitas | Vegetable Fajitas | Salad | Fresh Fruit or Yoghurt |
| Tue | Lentil | Mince | Quorn Mince | Tatties, Carrots, Swede | Custard Cream or Yoghurt |
| Wed | Carrot | Breaded Haddock + Tomato Sauce | Potato + Baked Bean Pie | Chips, Tatties, Peas | Fresh Fruit or Yoghurt |
| Thur | Seasonal Vegetable | Roast Chicken + Stuffing | Vegetable Roast | Tatties, Broccoli, Carrots | Ice Cream or Yoghurt |
| Fri | Chicken  | Homemade Beef Burger | Homemade Veggie Burger | Burger Bun or Savoury Rice, Salad | Jam Sponge or Yoghurt |
| **Week 5** | **Day** | **Soup** | **Meat Choice** | **Vegetarian** | **Potatoes / Veg** | **Pudding** |
| 16/911/116/118/2 (Tue)30/325/5 | Mon | Butternut Squash | Beef Meatballs, Tomato Sauce | Quorn Meatballs in Tomato Sauce | Pasta, Salad | Fresh Fruit or Yoghurt |
| Tue | Lentil | Chicken Goujons + Tomato Sauce | Vegetable Stir Fry | Tatties, Mixed Veg, Salad | Fruit Scone or Yoghurt |
| Wed | Seasonal Vegetable | Roast Beef, Gravy & Yorkshire Pudding | Cheese Risotto | Tatties, Swede, Broccoli | Fresh Fruit or Yoghurt |
| Thur | Split Pea | Breaded Haddock or Smoked Mackerel | Veggie Grill | Tatties, Peas, Corn | Homemade Cookies or Yoghurt |
| Fri | Tomato  | Homemade Sausage Rolls | Homemade Veggie Sausage Roll | Tatties, Baked Beans, Salad | Fruit Salad or Yoghurt |
| **Week 6** | **Day** | **Soup** | **Meat Choice** | **Vegetarian** | **Potatoes / Veg** | **Pudding** |
| 23/918/1113/124/220/42/6 (Tue) | Mon | Sweet Potato | Chicken Burger Roll | Quorn Fillet Roll | Sweetcorn, Salad | Shortbread or Yoghurt |
| Tue | Lentil | Chilli  | Macaroni Cheese | Taco Shell, Salad | Fresh Fruit or Yoghurt |
| Wed | Seasonal Vegetable | Stew in Yorkshire | Veggie Grill | Tatties, Swede, Salad | Pancakes or Yoghurt |
| Thur | Leek + Tattie | Chicken Pie | Vegetable Pie | Tatties, Broccoli, Carrots | Jelly or Yoghurt |
| Fri | Tomato  | Breaded Fish + Tomato Sauce | Breaded Quorn + Tomato Sauce | Tatties, Peas, Salad | Fresh Fruit or Yoghurt |

**We will always try to notify you of changes but occasionally short notice changes are unavoidable.**