

St Andrews Menu

£2.10 for 2 Courses (price from April 2017 to be confirmed)

Available daily: Lentil Soup ~ Baked Tattie ~ Sandwiches~ Salad Bar ~ Bread ~ Fresh Fruit ~ Water ~ Milk

All our menus comply with the “Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2008

Weeks commencing 23/8 (Tue), 31/10, 9/1, 6/3, 22/5			
Monday	Tomato	Mince or Mixed Bean Stew, Tatties, Neeps, Carrots	Chocolate Crispie
Tuesday	Carrot + Coriander	Roast Pork + Apple Sauce or Vegetable Frittata, Tatties, Cabbage, Salad	Fruit Cheesecake
Wednesday	Yellow Split Pea	Sweet Chilli Chicken or Sweet Chilli Veg, Rice, Mixed Veg, Salad	Jelly + Fruit
Thursday	Fish	Fish Pie or Steak Pie or Veg Pie, Tatties, Peas, Broccoli	Fruit or Yoghurt
Friday	Minestrone	Macaroni Cheese or Tuna Bake, Crusty Bread, Salad	Ice Cream
Weeks commencing 29/8, 7/11, 16/1, 13/3, 29/5			
Monday	Pea + Ham	Chicken, Cheese or Tuna Wraps, Coleslaw, Salad	Jelly Fluff
Tuesday	Country Veg	Breaded Haddock or Salmon or Quorn Fillet, Chips or Tatties, Peas, Salad	Fruit or Yoghurt
Wednesday	Chicken	Pasta Bake (mince or veg), Crusty Bread, Salad	Scone + Jam
Thursday	Tattie + Leek	Chicken Pie or Tomato + Veg Roulade, Tatties, Broccoli, Carrots	Chocolate Sponge + Chocolate Sauce
Friday	Sweet Tattie + Chorizo	Bacon Kilties or Broccoli + Cheese Bake, Tatties, Beans, salad	Shortbread + Pears
Weeks commencing 5/9, 14/11, 23/1, 20/3, 5/6			
Monday	Courgette	Chicken or Veg Curry, Rice, Naan Bread, Corn, Salad	Semolina + Fruit
Tuesday	Chicken	Herby Pork Meatballs + Tomato Sauce or Ratatouille, Spaghetti, Salad	Pineapple + Carrot Muffins
Wednesday	Yellow Split Pea	Homemade Chicken Goujons or Cheese + Lentil Roast, Chips or Tatties, Beans, Salad	Yoghurt or Fruit
Thursday	Tattie + Bacon	Breaded Haddock or Smoked Fish in White Sauce or Cauliflower Cheese, Tatties, Peas	Coconut Crunch
Friday	Tomato + Basil	Gammon Steak + Pineapple or Quorn Fillets, Tatties, Mixed Veg	Fruit Salad
Weeks commencing 12/9, 21/11, 30/1, 27/3, 12/6			
Monday	Broccoli + Smoked Cheese	Spaghetti Bolognese (beef or lentil), Crusty Bread, Salad	Alien Crunch
Tuesday	Cock a Leekie	Breaded haddock or Salmon or Cheese + Onion Patty, Chips or Tatties Salad, Peas	Fruit or Yoghurt
Wednesday	Minestrone	Roast Beef or Lentil Roast, Yorkshire Pudding, Tatties, Broccoli, Carrots	Iced Lemon Sponge
Thursday	Mushroom	Chinese Chicken or Stir Fry Veg, Noodles, Salad	Rice Pudding + Fruit
Friday	Garden Pea	Homemade Pizza (meat or vegetarian), Oven Baked Wedges, Coleslaw, Salad	Pavlova

Weeks commencing 19/9, 28/11, 6/2, 24/4, 19/6			
Monday	Carrot + Coriander	Chicken or Veggie Fajitas, Salad, Mixed Veg	Caramel Tart
Tuesday	Pea + Ham	Mince or Vegetable Stew, Tatties, Carrots, Neeps	Custard Creams
Wednesday	Tattie, Leek + Bacon	Fish Cakes or Breaded Fish or Tattie + Bean Pie, Chips or Tatties, Peas, Salad	Fruit or Yoghurt
Thursday	Mushroom	Roast Chicken or Mushroom Roast, Stuffing, Tatties, Carrots, Broccoli	Chocolate Brownies
Friday	Fish	Homemade Beefburger or Veggie Burger, Burger Bun, Salad, Coleslaw	Rice Pudding + Fruit
Weeks commencing 26/9, 5/12, 13/2, 2/5 (Tue), 26/6			
Monday	Tomato + Red Pepper	Beef Stew or Roast Veg Couscous, Tatties, Carrots, Neeps	Berry Crumble + Custard
Tuesday	Butternut Squash	Pulled Pork Rolls or Cheese + Broccoli Baked, Salad, Coleslaw	Chocolate Muffins
Wednesday	Scotch Broth	Sticky Chicken or Pasta Salad, Rice, Salad, Mixed Veg	Peach Melba
Thursday	Cauliflower	Fish Pie or Mince Pie or Quorn Fillet, Peas, Salad	Fruit or Yoghurt
Friday	Chicken + Noodle	Sausage Rolls (pork or veggie), Chips or Tatties, Beans, Salad	Flapjacks
Weeks commencing 3/10, 12/12, 21/2 (Tue), 8/5, 3/7			
Monday	Pea + Ham	Macaroni Cheese or Tuna Pasta, Crusty Bread, Salad	Chocolate Crispie
Tuesday	Country Veg	Gammon + Pineapple or Cheese + Potato Cake, Tatties, Beans, Salad	Ice Cream + Jelly
Wednesday	Chicken	Sweet Chilli Chicken or Sweet Chilli Veg, Rice, Salad, Mixed Veg	Shortbread + Pears
Thursday	Tattie + Leek	Breaded Fish or Quorn Fillet or Salmon, Chips or Tatties, Salad, Coleslaw, Peas	Fruit or Yoghurt
Friday	Sweet Tattie + Chorizo	Spaghetti Bolognaise (beef or lentil), Salad, Mixed Veg	Jam Sponge + Custard
Weeks commencing 10/10, 19/12 + 5/1, 27/2, 15/5			
Monday	Tomato	Fish Fingers or Veggie Fingers, Tatties, Beans, Salad	Semolina + Fruit
Tuesday	Carrot + Coriander	Chicken Curry or Veg Curry, Rice, Naan Bread, Corn, Salad	Cranberry + Raisin Cookies
Wednesday	Yellow Split Pea	Homemade Chip Shop Patty or Cheese + Onion Patty, Chips or Tatties, Salad	Fruit + Yoghurt
Thursday	Fish	Roast Beef or Mushroom Roast, Yorkshire Pudding, Tatties, Carrots, Green Beans	Meringues + Fruit
Friday	Minestrone	Chicken Fajitas or Veg Fajitas, Salad, Coleslaw	Sticky Toffee Pudding

Date of Christmas Dinner to be confirmed.

Last Day of term – Soup, Hot Dog Rolls or Veggie Sausage in a roll, Salad, Jam Roly Poly + Custard

All items subject to availability

Hot dinner Soup or Pudding, Main Course

Sandwich dinner Soup or Fruit, Sandwich, Pudding